

BEFORE YOUR clear + brilliant:

It's best to have a consultation with a provider first to assess your skin and recommend the best possible clear + brilliant regimen for you. It is a quick 15-20 minutes anti-aging laser treatment that gives younger looking skin and a radiant glow. An anti-oxidant serum is applied with the Permea handpiece. We provide numbing cream in the office which is applied prior to the laser treatment. Total treatment time is 30-45 minutes.

If using Retin A please stop using it for 2-3 days before your scheduled appointment. You can start using it again 3-5 days after or when all the redness and "sandpaper" feeling has ended.

If on Accutane, wait at least 6 months before a treatment.

Please wait until your tan fades if you have recent excessive sun exposure.

If you have a history of cold sores, consider taking an antiviral as a preventative.

Pregnancy is not a contraindication but please let us know so the appropriate serum can be applied.

AFTER YOUR clear + brilliant:

A cooling mask and ice will be applied immediately following treatment.

Usually a mild redness lasting several hours and a sandpaper feeling to your skin for a few days is expected. Do not try to scrub off the “sandpaper” texture- this is a normal part of the process. Dark spots can get darker at first, but will lighten over the next week or two weeks.

Wash with a gentle cleanser and use moisturizer and sunscreen. We recommend the Epionce Recovery Kit (\$30 or free if you get a package of 3 Clear and Brilliant treatments) for the next 3 days. You can apply make-up the following day.

Do not rub vigorously or use any chemical or physical exfoliants for the next 5-7 days. If using Tretinoin/Retin-A, you can restart in 5 days.

If using an antiviral, continue as prescribed.

Avoid peels, laser treatments and waxing for 3 weeks.

If doing a series, usually 2-4 week intervals are recommended.