

Before your VESSEL treatment:

Have a consultation to decide if you are a candidate and determine a plan that is best for you. Repeat treatments may be necessary and can be performed as directed by the provider usually in 3-4 weeks. Inform us if you have any medical issues or allergies.

Avoid sun exposure or being tan in the area being treated. Use sun protection. We sell a variety of high quality sunscreens for your convenience.

Avoid anything that irritates the skin 3-5 days prior to your treatment. This could include Retin-A, exfoliates, peels, facials and laser treatments. Ask your provider at the time of the consultation.

We use a numbing cream in the office to help with discomfort so please arrive at your appointment with a clean face/area to be treated.

After your VESSEL treatment:

A mild sunburn-like sensation expected. This usually lasts 2-24 hour but can persist up to 72 hour. Mild swelling and/or redness may accompany this, but usually resolves in 2-3 days. Occasionally itching and blistering occur and resolve naturally. The vessels may undergo immediate graying or blanching, or they may exhibit a slight purple or red color change. Scabbing can happen. The vessels will fully or partially fade in about 10-14 days.

Ice will be applied immediately following and can be applied after leaving for 10-15 minutes each hour for the next 4 hours if desired.

Tylenol (acetaminophen) may be taken for discomfort if needed.

Until the redness resolves avoid the following:

- 1) Applying cosmetics to the treated areas
 - 2) Swimming in highly chlorinated pools, salt water, or hot tubs.
 - 3) Activities that cause perspiration.
 - 4) Sun exposure. Apply SPF 30+ when exposed.
 - 5) Aggressive scrubbing and use of exfoliants on treated areas.
- May wash face with mild cleanser.

Bathe or shower as usual but avoid overly hot water.