## PREMIER AESTHETIC DERMATOLOGY

## **BEFORE YOUR GOLD FINISH TREATMENT:**

Gold Finish is a type of micro-needling that helps plump and rejuvenate skin. It delivers a combination of the hyaluronic acid, neurotoxin, growth factors and antioxidants, taking the classic micro-needling process a step further by simultaneously addressing dryness, fine lines and wrinkles. This makes it the perfect complementary treatment to other in-office procedures. It can be used anywhere on the face, neck and chest. It is an ideal treatment to have two or more weeks before a big event or reunion.

It's best to have a consultation first to determine a plan best for you. Pregnancy is a contra-indication.

Can be paired with a Clear and Brilliant treatment prior to Aquagold for even better results.

Take an antiviral, following the prescribed instructions, if you have a history of cold sores.

Stop Retin-A and exfoliating agents a few days prior. Avoid excessive sun exposure, waxing or other irritating procedures (chemical peels, dermabrasion, etc) one week prior to the appointment date.

## PREMIER AESTHETIC DERMATOLOGY

## AFTER YOUR GOLD FINISH TREATMENT:

Immediately following the procedure a mild swelling and redness appears that resolves within 24 hours. The skin may feel dry, tight, and swollen. Do not wash your face, apply make-up or apply sunscreen for 4 hours. Wash the treated area gently with a gentle cleanser and you may apply moisturizer (which does not contain "anti-aging" ingredients) thereafter. You may resume your normal daily skin routine (with the exception of RetinA/Tretinoin) the day after treatment.

Do not use tretinoin or exfoliating medications/chemicals/products on the treated areas for at least 2 weeks. Avoid exercise that causes sweating for the next 24 hours. No Jacuzzi, sauna, or steam baths for 3 days. For the first night sleep on your back with your head elevated slightly to reduce swelling.

You may resume normal daily activity immediately but avoid direct sunlight, hot tubs and saunas for three days. Sunscreen should be used during that time.

If taking an antiviral, continue as prescribed.

Results are seen within 1-7 days after treatment and typically last approximately 1-3 months. Procedure can be done as often as every 1-3 months, doing several treatments throughout the year will continue to improve the overall appearance of skin.

Premier Dermatology